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# COMMUNITY NEWS



## Clutter Club Gets Organized

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### HASBROUCK HEIGHTS

In a fast-paced world, for most of us with work, school, family, errands, sleeping and eating there doesn't leave much time in a day to keep organized. According to Bernadette Flaim, co-founder of Attention 2 Detail, Organizational Solutions, being organized makes life a lot easier. A club in the borough is helping make organization possible.

About a year and a half ago when Melissa Singlevich was hired to run the programs at the Hasbrouck Heights Public Library, he came upon a group that helps people get organized and decided to add it to the roster of library programs. She called it the Clutter Club.

"It is amazing. It has a cult following," said Singlevich. "People are constantly telling me how grateful they are for having the program."

The Clutter Club's main objective is getting people organized, according to Flaim, the group tries to maximize purchases on an inexpensive budget.

"General organization and easy-to-use tips are what we mainly go over," said Flaim. "You would be amazed at how some people struggle with organizing."

According to Flaim, at the first meeting a woman talked to the leaders how dire her clutter and space usage situation was.

"We told her not to get big picture anxiety and to take baby steps to get organized," said Flaim. "That is our number one get organized tip and it changed her life."

Flaim said the woman returned to the group months later with a picture board of her progress.

"Her accomplishments were amazing," said Flaim. "All we did was provide her with permission to change her lifestyle and that is mainly all people need."

Flaim and Susan Corbo, in addition to being business owners and professional organizers, are members of the National Association of Professional Organizers (NAPO). NAPO was formed in 1983 with a mission to develop, lead and promote professional organizers and the organizing industry.

"It is an amazing group," said Flaim. "There are more than 3,000 members nationwide."

The group has had anywhere from 15 to 30 people and the topics the Clutter Club has covered range from how to hold a tag sale with style, to how to make it through the holiday season stress free.

"We tell people that form plus functionality plus finishing equals fabulous," said Flaim. "To be organized does not mean you don't have to be stylish."

Clutter Club meets once a month at the Hasbrouck Heights Library to Trade tips and help make life a little easier.

"We weren't sure what to expect when the club started but it has been awesome," said Flaim. "The best part is everyone and anyone can benefit from joining."